

Parent Academy Module 5: Letters and Sounds

Letter Lookout (4-5)

Vroom Tip: Pick a letter with your child and try to find it everywhere you go. Take turns calling it out when you see it. If they see an apple for the letter A, then you have to find something next. See how many things you can find. Four? Ten? More?

Brainy Background™: "I Spy" games like this one are great brain builders. They make your child aware of their environment and teach them to make connections between similar things. You can try this game with letters, colors, shapes—anything really!

Secret Letters (4-5)

Vroom Tip: As your child lies down at night, slowly draw a letter on their back with your fingertip. Can they guess what it is? Repeat the letter again. The more you practice this together, the better they will get! Soon you will be ready to write whole words!

Brainy Background™: Your child learns about the world through their senses and through back and forth conversations. In this game, you're giving them a chance to make connections between not only how letters look but also something new—how drawing a letter on their back feels!

Letter Shapes (3-4)

Vroom Tip: Encourage your child to point out letters on signs. Chat about the shapes of the letters. Is the letter A pointy like a triangle? What about the letter O? How many letters of the alphabet can you find? Enjoy describing their Letter Shapes.

Brainy Background™: Having fun with language and shapes helps your child enjoy learning. It's not just fun though. This game builds focus, self-control, and memory. Your child stretches what they know about letters and shapes to make new connections at the same time!

Find the B's (4-5)

Vroom Tip: While waiting, look around you and try to spot things that start with a B. Take turns with your child spotting B's (like babies, bottles, and baskets) and calling out the words to each other.

Brainy Background™: By using waiting times for learning, you're helping your child learn to wait as well as to make connections among letters, words, and sounds—all laying the foundation for reading.

Learn more at vroom.org